

# TruO2 High Pressure Can Instructions



## **TURN ON TO USE:**

To prevent oxygen from leaking out of the High Pressure cans during transport, they are packaged in an "OFF" configuration.

Before using, you must adjust the mouthpiece to the "ON" position by rotating it to the left (tightening motion) until it is snug. Do not over tighten.



## **TURN OFF WHEN NOT IN USE:**

When not in use, we recommend adjusting the mouthpiece to the "OFF" position to prevent leakage. To do so, rotate the mouthpiece AT LEAST one full rotation to the Right (unscrewing motion).

Removing the rubber top altogether is the best way to prevent unwanted leakage.

**To use: Spray a quick shot of oxygen in mouth and inhale at the same time. Hold briefly (1 second), then release and repeat. Refer to Usage Tips for dosing recommendations.**

**Please Note: The High Pressure cans emit oxygen at a higher rate than the smaller cans. Each shot should be about 0.5 second. If you follow this rule, you should get over 80 shots of oxygen in each can. When the pressure in the can noticeably reduces, you can take longer shots to get the same effect.**

## **REFILL and SAVE!**

**High Pressure cans are refillable at \$20 each plus return shipping. This is a huge savings and provides the most economical way for you to get the most oxygen for your money!..., Plus, it's good for the environment. For details, go to the TruO2 High Pressure can ordering page at [www.oxygen4energy.com](http://www.oxygen4energy.com) and download the Refill Form.**

## **QUESTIONS?**

**Call [Oxygen4energy.com](http://Oxygen4energy.com) at 949-777-6457**